



November 2009

Newsletter

President's Points

Greetings Everyone:

I hope everyone is enjoying the beautiful fall weather we are having. With summer activities over, now is the time to start thinking about enhancing our skills and preparing ourselves for a future that at this point still looks somewhat uncertain. The training offered by APICS is one way to gain the competitive edge in the current environment.

I was fortunate to be able to attend the APICS International Conference in Toronto in October, along with Dave Magee. This was a great experience and an eye-opening one as well. For those of us connected with a local chapter, it is hard to imagine what a truly global organization APICS is, until you attend an International Conference. Several different countries were represented, along with members from all over the United States. There were many great speakers, with topics ranging from "Enhancing Performance Via Supplier Surveys", "The Ins and Outs of Managing During an Economic Downturn", and a panel discussion on "Women in Organizations." The organizers also arranged plant tours of local companies, which were very interesting. Hopefully we will be able to use some of the things we learned to benefit our local chapter. I would encourage anyone who has the opportunity to attend an international conference to do so.

The October winery tour was well attended, and everyone seemed to enjoy it. If you have any questions regarding future meetings, classes, or other offerings, please check the website or contact a member of the Board of Directors. If there is ever anything we can do to help you in any other way, feel free to let us know. We welcome your suggestions and feedback.

Our next meeting will be November 10th, and our speaker will be a member from a sister chapter in Tennessee. We hope to see everyone at the meeting.

Regards,

Donna NeSmith
President

In this issue:

| | |
|--------------------|---|
| President's Points | 1 |
| Nov. 10 PDM | 2 |
| Chapter Profiles | 3 |
| Upcoming meetings | 4 |
| Links of Interest | 5 |





Stress Management - Mike Russo

In our current environment many of us are experiencing a lot more stress than we have in the past. This month Mike Russo is joining us to help us understand stress - how it can affect our physical and mental well-being as well as our relationships. Mike is a proponent of Stress Management and he will help us understand:

- The ABCs of Stress
- Our own Influence on the Impact of Stress
- Where Stress Comes From
- The Fight or Flight Response
- The Sympathetic Nervous System
- Chronic Physical Conditions of Stress
- Physical Signs of Stress
- Recognizing our Tension in Relation to Stress
- The Art of Relaxation
- The Psychological Signs of Stress
- Quieting the Mind
- Thinking Errors
- ...and more.

We will leave the program with a better understanding of our personal strengths and weaknesses in dealing with stress and additional tools which will enhance our ability to more efficiently manage stress.

Mike Russo is a retired employee of American Greetings Cards, Inc. in Greeneville, Tennessee. He held numerous key management and leadership positions in areas of supply chain management and manufacturing. He has been an active member, leader, and instructor in APICS since 1984. He was a member of the Region XII Staff and is currently a member of the Appalachian Chapter Board of Directors.

Mike is a graduate of Fairleigh Dickinson University where he earned a BS in Economics and an MBA in Management. He lives in Greeneville, Tennessee with his wife Pat where he enjoys gardening, hiking and spending time with his two grand-daughters.

Location Embassy Suites Hotel
1801 Newtown Pike
Lexington, KY 40511

Agenda

- 5:30 - 6:00pm - Registration - Networking
- 6:00 - 6:45pm - Dinner
- 6:45 - 7:00pm - Business Meeting - Door Prizes
- 7:00 - 8:00pm - Speaker Presentation
- 8:00 - 8:10pm - Announcements & Adjournment
- 8:15 - 9:00pm - Chapter Board Meeting

Menu

Garden Salad with dressings
Roasted Pork Loin
Rosemary Roasted New Potatoes
Fresh Vegetable Medley
Sister Shubert's Warm Rolls and Butter
Coffee/Iced Tea/Water
Chocolate Chip Cake

Cost \$26.00

VISA and Mastercard accepted

Registrations must be made no later than Thursday, November 5th.

Contact Monty Northcutt - Phone: (859) 285-7620

Email: monty.northcutt@insightbb.com

You can now register online at www.bluegrassapics.org



Bluegrass Chapter Instructor: Adam Burja, CPIM, CIRM, CSCP

Adam has been a member of APICS for 9 years and, during that time, he's taught all of the CPIM courses, CIRM Basics, CSCP, and Train-the-Trainer.

Adam has been employed at Lexmark since 1999. He is currently the Global Training Lead for Lexmark's ERP Project.

On why he decided to become an APICS instructor, Adam says, *"I love teaching and working with individuals on their personal career development. I get a tremendous satisfaction when individuals with whom I work reach their goals, whether it is achieving certifications or preparing themselves for new careers or career advancement."*

"APICS education, whether it is toward certification or not, helps individuals to increase their knowledge and develop their skills in one of most critical parts of a business enterprise, supply chain and operations management. APICS-educated individuals learn to see the world more holistically. And they develop problem-solving and analytical skills that are transferable to many different roles, whether in or outside of supply chain management. This makes them highly marketable, which is critical in today's outsourced, collaborative world."

Bluegrass Chapter Member: Lisa Begley

Lisa has been a member of our chapter for 8 months, and this year she joined the Board of Directors as a member of the Marketing Committee.

Lisa has been with Gall's, Inc. for 8 years as a Team Lead in Inventory Planning and Forecasting.

Asked what she values most about her APICS membership, Lisa replies, *"I value the monthly resources that come in the APICS magazine/e-mails and the opportunities to learn about other industries."*

Lisa is working toward her CPIM certification.

Her personal interests include reading crocheting, and spending time with family and friends.

Bluegrass Chapter Student Member: Arnab Sen.

Arnab is attending the Gatton College of Business & Economics at UK, where he is pursuing his MBA.

He is a Senior Design Engineer at Hitachi Motors Products USA, Inc.

He enjoys traveling, visiting new places, understanding life styles and cultures of different people, watching movies, and trying new types of exotic foods.

Of his recent accomplishments he says, *"Recently I worked on a cost analysis project for my company to study the cost of transferring the production of some products from our production facility in Japan to our production facility in Kentucky. The data generated by my analysis helped the upper management make the final decision of transferring the production line to Kentucky. So I was a part of activity which protected our Japan unit from incurring more losses due to yen-US dollar exchange rate fluctuations, and also helped the KY plant to get new business and probably save a few jobs, at a time when we were going through a series of layoffs due to the recent downturn in the economy."*

Upcoming Meetings

December 8 - Plant Tour - Mallinckrodt-Baker, Inc.

For more than 137 years, the name Mallinckrodt has been synonymous with purity and innovation in the field of chemical manufacturing and medical products worldwide.

Now a billion-dollar, global business and one of the fastest-growing pharmaceutical entities in the United States, Covidien's Mallinckrodt brand combines substantial knowledge in pharmaceutical ingredients and products with a strong heritage of manufacturing quality.

January 12 - Bill Monroe, CFPIM, CIRM, CSCP, CMQ/OE,

Topic - "Project Portfolio Excellence"

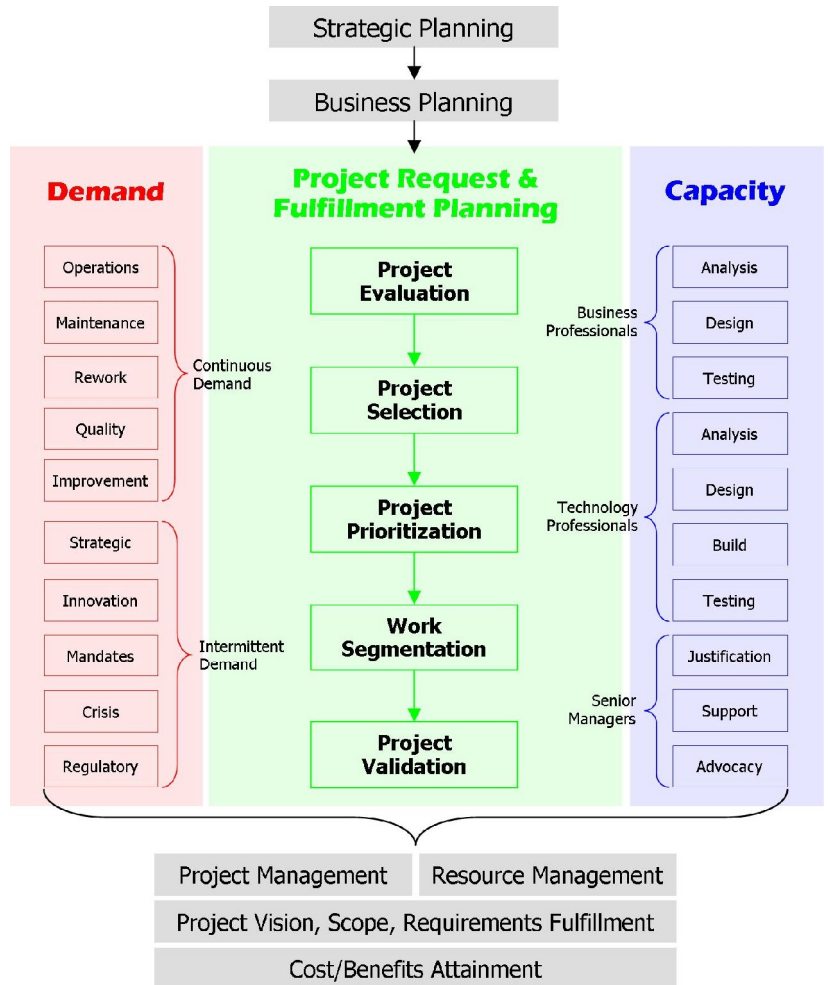
Project Portfolio Excellence is a new model for the evaluation, selection, prioritization, and management of enterprise software and software-related projects. Bill will present the tools, strategy, and methodology of Project Portfolio Excellence, some of which were featured in the May/June 2009 issue of APICS Magazine.

Project Request & Fulfillment Planning Methodology of Project Portfolio Excellence

Those familiar with the APICS bodies-of-knowledge may find the diagram to the right to be somewhat familiar. In fact, Project Request & Fulfillment Planning (PR&FP) is based on the same principles that drive Sales & Operations Planning (S&OP) - namely the balancing of demand with supply.

In this case demand is represented by the requests received for new project work. Supply is represented by the capacity of Senior Managers, Business Professionals, and Technology Professionals to fulfill the roles and responsibilities needed to achieve Project Portfolio Excellence.

PDM attendees will receive a set of reference cards for the tools and methodology of Project Portfolio Excellence.



February 18 - Joint meeting with ASQ and NAPMCK.

Our annual joint meeting with the folks from the local chapters of The American Society for Quality and The Institute for Supply Management. This year the meeting is being hosted by ASQ. Details will be forthcoming.



Links of Interest

There are many sources of APICS information available to you:

Bluegrass Chapter website:

<http://www.bluegrassapics.org>

APICS Southeast District website:

<http://www.apicssoutheast.org>

APICS HQ website:

<http://www.apics.org>

Read the latest news about APICS:

<http://www.apics.org/About/PressRoom/default.htm>

Check out our new website!

Bluegrass Education Program

One of the most valuable benefits of APICS membership is our educational opportunities. The Bluegrass Chapter has always had a strong educational program, and it's available to you right now.

Find out about how we can help you achieve your educational and career goals.

Bluegrass APICS education program:

<http://www.bluegrassapics.org/education/default.aspx>

To get more information about the Bluegrass Chapter's educational opportunities contact the chapter VP of Education John Damm at - jdamm@lexmark.com

VISA and Mastercard are accepted

